

## Sestina

### Starseeds- Our Alien Ancestors

I never bought the story of Adam and Eve  
until an alternate interpretation said  
extra-terrestrials throughout history intervened  
to bred with Earthlings to enhance our DNA,  
to guide our evolution, tweak us to civilization.  
Adam and Eve were from Hoova, some far-out galaxy.

I always believed we were seeded from some galaxy.  
After extinctions we needed a boost on the eve  
of constructing a new civilization.  
We should try to reinterpret what the Bible said  
and what science can find in our DNA.  
There is increasing evidence extra-terrestrials intervened

and we have benefitted mostly when they intervened.  
Our ancestors came from more than one galaxy.  
They took their tools, but left their DNA.  
Each visitation created pairs like Adam and Eve.  
The Annunaki and Greek gods it is said  
interbred with Earth mortals to build civilization.

Enhanced Earthlings were capable of a more advanced civilization.  
Could we build pyramids, Mayan temples if they hadn't intervened?  
Nazca lines can be seen only from the air it is said.  
A landing strip created by technology from another galaxy?  
So many discoveries yet to be found on the eve  
of finding extra-terrestrial traces in our DNA?

Extra-terrestrial boosts complicated our DNA.  
Sources mention donations from twenty-four galactic civilizations.  
There are many misinterpretations of Eve.  
Would twenty-four groups come if needed and could have intervened?  
Should our pending self-destruction disturb the galaxy?  
They would only come to help us, they supposedly said.

Watchers send crop circles and UFOs bring messages, frequently said  
to be from afar. Shifts could occur in our DNA.  
There are many dimensions and life forces in our galaxy.  
Pleiades, Orion, Ashan, Aragon, Altea brought civilization.  
Lyra constellation, Elarthin, Zeneel, Zenthorp, Hoova have intervened.  
Ashan creators of music, my Scandinavian body's Eve.

We are at the eve of understanding what is said  
about the aliens who have intervened and engineered our DNA.  
Our attempts at civilization come from gifts from our galaxy?

**Sestina:** There are many Sestina experiments based on 6-sixains and a tercet.  
39 lines with the end words appearing in a certain order in the six stanzas and all six  
end words appear in the ending tercet.

The order of the end words is: 1-2-3-4-5-6 6-1-5-2-4-3 3-6-4-1-2-5  
5-3-2-6-1-4 4-5-1-3-6-2 2-4-6-5-3-1 tercet: 1-2 2-4 5-6.

You can change the order of the six words in the tercet.

After you have written the first stanza you know the six ending words.

in my case they were Eve-said-intervened-DNA-civilization-galaxy.

Once you have the words you can put them into the pattern to the right on the page.

Then you know the end words you need and the order. My words went:

Eve-said-intervened-DNA-civilization-galaxy

galaxy eve-civilization-said-DNA-intervened

intervened-galaxy-DNA-eve-said-civilization

civilization-intervened-said-galaxy-eve-DNA

DNA-civilization-Eve-intervened-galaxy-said

said-DNA-galaxy-civilization-intervened-Eve

eve/said

intervened/DNA

civilization/galaxy

Some poets add syllabic and metric restrictions.